

Wut I feel like 24/7 Real!

This mind isn't mine, who am I to judge?

Wut I say to my self every morning!

Oh, I should be fine but it's all too much

Same!

I get overwhelmed so easily

Every day!

My anxiety creeps inside of me

Everytime in a loud room.

Makes it hard to breathe

I think this to myself all the time...

What's come over me?

Do wtf Same!

Feels like I'm somebody else

7/7